

Vascular Treatment Timeline

To help patients plan for varicose vein treatment

Initial Vascular Consult

A vascular treatment plan will be based upon the findings of an ultrasound exam in conjunction with the doctor's evaluation of your legs. Patients are usually given a prescription for thigh high 20-30 mmHg compression hose. Most insurance companies require a 3-month waiting period/trial of conservative therapy before the prescribed treatment can be performed.

Hose Check - 3 months after Initial Vascular Consult

A "Hose Check" will be scheduled 2 ½ to 3 months after a patient's initial consult. At this time, a request for pre-authorization of services will be sent to the patient's insurance company.

Note: *Insurance companies have up to 14-days to respond to any request. If the patient's insurance company requires pre-authorization, they will send the patient and Teton Vascular Institute a letter of determination of services. If the patient's treatment is authorized, Teton Vascular Institute will notify the patient and schedule the treatment.*

Procedure

After services are pre-authorized, most insurance companies require that services be performed within 30-90 days. Teton Vascular Institute tries to schedule a patient's procedure as quickly as possible after they have received the patient's pre-authorization of services. Please keep in mind there may be some delays due to the availability of each doctor and patient's schedule constraints.

Post Procedure – 2-4 days after the Procedure

If a patient has a venous ablation, an ultrasound of your treated leg is usually scheduled 2-4 days after the procedure. This is necessary to check for the effectiveness of the procedure and look for deep vein clots/thrombosis.

Check-up - 3 weeks after the Procedure

After 3 weeks, patient's return to see their doctor for a check-up appointment. At this time, the doctor evaluates the patient's legs and answers any questions or concerns. Patients should bring their compression hose to this appointment.

Sclerotherapy

One session of sclerotherapy for each treated leg is included in the vascular treatment plan. Patients may schedule their session for any time after their 3-week check-up. Sclerotherapy may be performed months to years after the patient's treatment. Though there must be a 3-4 week minimum waiting period between sessions of sclerotherapy.

From the Initial Vascular Consult to the final Check-up, total treatment time can take up to 6 months.